## WELSH ATHLETICS ATHLETAU CYMRU

Junior Indoor Open

Incorporating South Wales, East Wales, West Wales & South West England Championships

Sunday 7th January 2024 N.I.A.C. Junior Open Day 2 Call Room



# **1500m CALL ROOM SCHEDULE**

	REGISTRATION CLOSED @ 9:00 AM	CALL ROOM					
T01		IN	OUT	HEATS	Start Time	EVENT INFORMATION	
			10:25	1	10:30	Event Distance	1500m
	ATHLETES IN HEAT 1 INTO CALL ROOM @ 10:10, 20 minutes before first event start	40.40				Age Group	U17M
		10:10				Entry Number	12
						Est heats	1
	DECISTRATION CLOSED @ 0:09 AM	CALL ROOM		HEATS	Start Time	EVENT INFORMATION	
	REGISTRATION CLOSED @ 9:08 AM	IN	OUT	HEATS	Start Time	EVERTINGORMATION	
TOO			10:33	1	10:38	<b>Event Distance</b>	1500m
T02	ATHLETES IN HEAT 1 INTO CALL ROOM @	10:18				Age Group	U17W
	10:18, 20 minutes before first event start	10.15				Entry Number	12
						Est heats	1
	REGISTRATION CLOSED @ 9:15 AM	CALL ROOM		HEATS	Start Time	EVENT INFORMATION	
		IN	OUT		5.0		
T03					10:45	Event Distance	1500m
103	ATHLETES IN HEAT 1 INTO CALL ROOM @ 10:25, 20 minutes before first event start	10:25	10:40	1		Age Group	U15B
		20.25				Entry Number	9
						Est heats	1
	REGISTRATION CLOSED @ 9:22 AM	CALL F	T	HEATS	Start Time	<b>EVENT INFORMATION</b>	
T04		IN	ОИТ		5 Distance   4500		
	ATHLETES IN HEAT 1 INTO CALL ROOM @ 10:32, 20 minutes before first event start	10:32	10:47	1	10:52	Event Distance	1500m
						Age Group Entry Number	U15G 9
						,	
		CALL ROOM				Est heats 1	
	REGISTRATION CLOSED @ 9:30 AM	IN	ООТ	HEATS	Start Time	EVENT INFORMATION	
	ATHLETES IN HEAT 1 INTO CALL ROOM @ 10:40, 20 minutes before first event start	IIV	331			Event Distance	1500m
<b>T</b> 05		10:40	10:55	1	11:00	Age Group	U13B
						Entry Number	10
						Est heats	1
т06	REGISTRATION CLOSED @ 9:40 AM	CALL ROOM			Charle Ti		
		IN	OUT	HEATS	Start Time	EVENT INFORMATION	
	ATHLETES IN HEAT 1 INTO CALL ROOM @ 10:50, 20 minutes before first event start					<b>Event Distance</b>	1500m
		10.50	11:05	1	11.10	Age Group	U13G
		10:50	11:05	1	11:10	Entry Number	8
						Est heats	1

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# **60m Hurdles CALL ROOM SCHEDULE**

REGISTRATION CLOSED @ 9:55 AM	IN		LIFATC				
	113	OUT	HEATS	Start Time	EVENT INFORMATION		
	11:05	11:20	1	11:25	Event Distance	60m Hurdles (91.4)	
ATHLETES IN HEATS 1 TO 2 INTO CALL ROOM @ 11:05, 20 minutes before first event start then out 1 heat at a time	11:05	11:23	2	11:28	Age Group	U17M	
					Entry Number	12	
					Est heats	2	
DECISTRATION CLOSED & 10.00 444	CALL F	<i>поом</i>	LIFATS	Chart Time	EVENT INFORMATION		
REGISTRATION CLOSED @ 10:08 AW	IN	OUT	HEATS	Start Time	EVENT INFO	DRIVIATION	
	11:18	11:33	1	11:38	Event Distance	60m Hurdles (84.0)	
_	11:18	11:36	2	11:41	Age Group	U15B	
					Entry Number	17	
neat at a time					Est heats	2	
DECISTRATION CLOSED & 40.24 444	CALL ROOM		Chaut Time	EVENT INFORMATION			
REGISTRATION CLOSED @ 10:24 AM	IN	OUT	HEATS Start Time		EVENT INFORMATION		
ATUU ETES IN UE ATS 4 TO 2 INTO CALL DOOM C	11:34	11:49	1	11:54	<b>Event Distance</b>	60m Hurdles (76.2)	
_	11:34	11:52	2	11:57	Age Group	U17W	
					<b>Entry Number</b>	18	
neat at a time					Est heats	2	
REGISTRATION CLOSED @ 10:40 AM	CALL ROOM HEATS Start Time			EVENT INFORMATION			
REGISTRATION CLOSED @ 10.40 ANI	IN	OUT	HLATS	Start Time	LVLINT IINT	Chivia i loiv	
ATHLETES IN HEATS 1 TO 3 INTO CALL ROOM @	11:50	12:05	1	12:10	Event Distance	60m Hurdles (76.2)	
11:50, 20 minutes before first event start then out 1	11:50	12:08	2	12:13	Age Group	U15G	
heat at a time	11:50	12:11	3	12:16	Entry Number	34	
ATHLETES IN HEATS 4 TO 5 INTO CALL ROOM @	11:59	12:14	4	12:19	Est heats	5	
11:59, 20 minutes before first event start then out 1	11:59	12:17	5	12:22			
heat at a time							
REGISTRATION CLOSED @ 11:02 AM	CALL ROOM		HEATS	Start Time	EVENT INFORMATION		
NEGISTIATION CEOSED & 11.02 AM	IN	OUT	TILATS Start Time				
ATHIFTES IN HEATS 1 TO 2 INTO CALL ROOM @	12:12	12:27	1	12:32	Event Distance	60m Hurdles (76.2)	
12:12, 20 minutes before first event start then out 1	12:12	12:30	2	12:35	Age Group	U13B	
					Entry Number	13	
				Est heats 2			
REGISTRATION CLOSED @ 11:18 AM			HEATS	Start Time	<b>EVENT INFORMATION</b>		
			1	12.48	Event Distance	60m Hurdles (68.5)	
ATHLETES IN HEATS 1 TO 3 INTO CALL ROOM @ 12:28, 20 minutes before first event start then out 1 heat at a time				+		U13G	
	12:28	12:49	3	12:54	Entry Number	19	
	12.20	12.73	J	12.54	Est heats	+	
1 1 1	ATHLETES IN HEATS 1 TO 2 INTO CALL ROOM @ 11:18, 20 minutes before first event start then out 1 heat at a time  REGISTRATION CLOSED @ 10:24 AM  ATHLETES IN HEATS 1 TO 2 INTO CALL ROOM @ 11:34, 20 minutes before first event start then out 1 heat at a time  REGISTRATION CLOSED @ 10:40 AM  ATHLETES IN HEATS 1 TO 3 INTO CALL ROOM @ 11:50, 20 minutes before first event start then out 1 heat at a time  ATHLETES IN HEATS 4 TO 5 INTO CALL ROOM @ 11:59, 20 minutes before first event start then out 1 heat at a time  REGISTRATION CLOSED @ 11:02 AM  ATHLETES IN HEATS 1 TO 2 INTO CALL ROOM @ 12:12, 20 minutes before first event start then out 1 heat at a time  REGISTRATION CLOSED @ 11:18 AM  ATHLETES IN HEATS 1 TO 3 INTO CALL ROOM @ 12:12, 20 minutes before first event start then out 1 heat at a time	ATHLETES IN HEATS 1 TO 2 INTO CALL ROOM @ 11:18  ATHLETES IN HEATS 1 TO 2 INTO CALL ROOM @ 11:18  ATHLETES IN HEATS 1 TO 2 INTO CALL ROOM @ 11:34  ATHLETES IN HEATS 1 TO 2 INTO CALL ROOM @ 11:34  ATHLETES IN HEATS 1 TO 3 INTO CALL ROOM @ 11:50  ATHLETES IN HEATS 1 TO 3 INTO CALL ROOM @ 11:50  ATHLETES IN HEATS 1 TO 3 INTO CALL ROOM @ 11:50  ATHLETES IN HEATS 1 TO 5 INTO CALL ROOM @ 11:59  ATHLETES IN HEATS 4 TO 5 INTO CALL ROOM @ 11:59  ATHLETES IN HEATS 1 TO 2 INTO CALL ROOM @ 11:59  ATHLETES IN HEATS 1 TO 2 INTO CALL ROOM @ 11:59  ATHLETES IN HEATS 1 TO 2 INTO CALL ROOM @ 11:59  ATHLETES IN HEATS 1 TO 2 INTO CALL ROOM @ 12:12  ATHLETES IN HEATS 1 TO 3 INTO CALL ROOM @ 12:12  ATHLETES IN HEATS 1 TO 3 INTO CALL ROOM @ 12:12  ATHLETES IN HEATS 1 TO 3 INTO CALL ROOM @ 12:28  ATHLETES IN HEATS 1 TO 3 INTO CALL ROOM @ 12:28  ATHLETES IN HEATS 1 TO 3 INTO CALL ROOM @ 12:28  ATHLETES IN HEATS 1 TO 3 INTO CALL ROOM @ 12:28  ATHLETES IN HEATS 1 TO 3 INTO CALL ROOM @ 12:28  ATHLETES IN HEATS 1 TO 3 INTO CALL ROOM @ 12:28  ATHLETES IN HEATS 1 TO 3 INTO CALL ROOM @ 12:28  ATHLETES IN HEATS 1 TO 3 INTO CALL ROOM @ 12:28  ATHLETES IN HEATS 1 TO 3 INTO CALL ROOM @ 12:28  ATHLETES IN HEATS 1 TO 3 INTO CALL ROOM @ 12:28  ATHLETES IN HEATS 1 TO 3 INTO CALL ROOM @ 12:28	REGISTRATION CLOSED @ 10:08 AM  ATHLETES IN HEATS 1 TO 2 INTO CALL ROOM @ 11:18	ATHLETES IN HEATS 1 TO 2 INTO CALL ROOM @ 11:34 11:35 11:34 11:34 11:34 11:34 11:34 11:35 2  ATHLETES IN HEATS 1 TO 2 INTO CALL ROOM @ 11:34, 20 minutes before first event start then out 1 heat at a time  REGISTRATION CLOSED @ 10:24 AM IN OUT HEATS  REGISTRATION CLOSED @ 10:40 AM IN OUT HEATS  ATHLETES IN HEATS 1 TO 3 INTO CALL ROOM @ 11:50 12:05 1 1 11:50, 20 minutes before first event start then out 1 heat at a time  REGISTRATION CLOSED @ 10:40 AM IN OUT HEATS  ATHLETES IN HEATS 4 TO 5 INTO CALL ROOM @ 11:50 12:08 2 1 11:50 12:11 3 1 11:59 12:11 3 1 11:59 12:11 3 1 11:59 12:11 3 1 11:59 12:11 3 1 11:59 12:11 3 1 11:59 12:11 3 1 11:59 12:11 3 1 11:59 12:11 3 1 11:59 12:11 3 1 11:59 12:12 12:27 1 1 11:59 12:12 12:27 1 1 12:12 12:27 1 1 12:12 12:27 1 1 12:12 12:12 12:27 1 1 12:12 12:12 12:30 2 1 11:59 12:12 12:30 1 2 1 11:59 12:12 12:30 1 2 1 11:59 12:12 12:30 1 2 1 11:59 12:12 12:30 1 2 1 11:59 12:12 12:30 1 2 1 11:59 12:12 12:30 1 2 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	CALL ROOM	ATHLETES IN HEATS 1 TO 2 INTO CALL ROOM @ 11:18	

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# **800m CALL ROOM SCHEDULE**

T13	REGISTRATION CLOSED @ 11:37 AM	CALL ROOM		UEATS	Chout Times	EVENT INCORMATION	
		IN	OUT	HEATS	Start Time	EVENT INFORMATION	
	ATHLETES IN HEATS 1 TO 3 INTO CALL ROOM @  12:47, 20 minutes before first event start then out 1  heat at a time	12:47	13:02	1	13:07	<b>Event Distance</b>	800m
		12:47	13:07	2	13:12	Age Group	U15B
		12:47	13:12	3	13:17	Entry Number	17
	ileat at a tillle			Est heats	3		
	REGISTRATION CLOSED @ 11:52 AM	CALL F	ROOM	HEATS	Chaut Time	EVENT INFORMATION	
		IN	ОИТ	HEATS	Start Time		
T11	ATHLETES IN HEATS 1 TO 3 INTO CALL ROOM @  13:02, 20 minutes before first event start then out 1	13:02	13:17	1	13:22	<b>Event Distance</b>	800m
T14		13:02	13:22	2	13:27	Age Group	U17M
		13:02	13:27	3	13:32	Entry Number	17
	heat at a time					Est heats	3
		CALL ROOM		445.476	C	EVENT INCORMATION	
	REGISTRATION CLOSED @ 12:07 PM	IN	ОИТ	HEATS	Start Time	EVENT INFORMATION	
T1 F	ATHLETES IN HEATS 1 TO 2 INTO CALL ROOM @ 13:17, 20	13:17	13:32	1	13:37	<b>Event Distance</b>	800m
T15	minutes before first event start then out 2 heats at a time	13:17	13:32	2	13:42	Age Group	U13B
	ATHLETES IN HEATS 3 TO 4 INTO CALL ROOM @ 13:27, 20 minutes before first event start then out 2 heats at a time	13:27	13:37	3	13:47	Entry Number	23
		13:27	13:37	4	13:52	Est heats	4
	DEGISTRATION GLOSED C. 40 27 244	CALL F	ROOM	LIEATS Start Time		EVENT INFORMATION	
	REGISTRATION CLOSED @ 12:27 PM	IN	OUT	HEATS	Start Time	EVENT INFORMATION	
	ATHLETES IN HEATS 1 TO 3 INTO CALL ROOM @ 13:37, 20 minutes before first event start then out 3 heats at a time	13:37	13:52	1	13:57	<b>Event Distance</b>	800m
T16		13:37	13:52	2	14:02	Age Group	U13G
		13:37	13:57	3	14:07	Entry Number	35
	ATHLETES IN HEATS 4 TO 5 INTO CALL ROOM @ 13:52, 20 minutes before first event start then out 2 heats at a time	13:52	13:57	4	14:12	Est heats	5
		13:52	13:57	5	14:17		
	REGISTRATION CLOSED @ 12:52 PM	CALL ROOM			c <del></del> .	5,75,15,10,15,00,15	
		IN	ОИТ	HEATS	Start Time	EVENT INFORMATION	
	ATHLETES IN HEATS 1 TO 3 INTO CALL ROOM @ 14:02, 20 minutes before first event start then out 3 heats at a time	14:02	14:17	1	14:22	<b>Event Distance</b>	800m
<b>T17</b>		14:02	14:17	2	14:27	Age Group	U15G
	minutes before first event start then out 3 heats at a time	14:02	14:22	3	14:32	Entry Number	30
	ATHLETES IN HEATS 4 TO 5 INTO CALL ROOM @ 14:17, 20 minutes before first event start then out 2 heats at a time	14:17	14:22	4	14:37	Est heats	5
		14:17	14:22	5	14:42		
T18	REGISTRATION CLOSED @ 1:17 PM	CALL ROOM			C11		
		IN	OUT	HEATS	Start Time	EVENT INFORMATION	
	ATHLETES IN HEATS 1 TO 3 INTO CALL ROOM @ 14:27, 20 minutes before first event start then out 1 heat at a time	14:27	14:42	1	14:47	<b>Event Distance</b>	800m
		14:27	14:47	2	14:52	Age Group	U17W
		14:27	14:52	3	14:57	Entry Number	18
			•			Est heats	3

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# **60m CALL ROOM SCHEDULE**

T19	REGISTRATION CLOSED @ 1:40 PM	IN OUT		HEATS	Start Time	EVENT INFORMATION	
		IN	001			Frank Distance	A   CO
	ATHLETES IN HEAT 1 INTO CALL ROOM @ 14:50, 20 minutes before first event start		15:05			Event Distance	Ambulant 60m
		14:50		1	15:10	Age Group	AMB
					Entry Number	2	
		CALL ROOM				Est heats	1
	REGISTRATION CLOSED @ 1:43 PM	IN	OUT	HEATS	Start Time	EVENT INFORMATION	
T20		14:53	15:08	1	15:13	Event Distance	60m
	ATHLETES IN HEATS 1 TO 4 INTO CALL ROOM @ 14:53, 20 minutes before first event start then out 1 heat at a time	14:53	15:11	2	15:16	Age Group	U13B
		14:53	15:14	3	15:19	Entry Number	38
		14:53	15:17	4	15:22	Est heats	4
			_	4	15.22	Est neuts	4
	REGISTRATION CLOSED @ 1:55 PM	IN	CALL ROOM HEA		Start Time	EVENT INFORMATION	
	ATHERTS IN HEAT 4 TO 2 INTO 2011 2011	15:05	15:20	1	15:25	Event Distance	60m
	ATHLETES IN HEATS 1 TO 3 INTO CALL ROOM @ 15:05, 20 minutes before first event start then out 1	15:05	15:23	2	15:28	Age Group	U13G
T21	heat at a time	15:05	15:26	3	15:31	Entry Number	53
	ATHLETES IN HEATS 4 TO 6 INTO CALL ROOM @	15:05	15:29	4	15:34	Est heats	6
	15:05, 20 minutes before first event start then out 1	15:05	15:32	5	15:37	LJt Heat3	1 0
	heat at a time	15:05	15:35	6	15:40		
			ROOM	0	Start Time	EVENT INFORMATION	
	REGISTRATION CLOSED @ 2:13 PM	IN	ОИТ	HEATS			
		15:23	15:38	1	15:43	Event Distance	60m
T22	ATHLETES IN HEATS 1 TO 4 INTO CALL ROOM @ 15:23, 20 minutes before first event start then out 1 heat at a time	15:23	15:41	2	15:46	Age Group	U17M
		15:23	15:44	3	15:49	Entry Number	33
		15:23	15:47	4	15:52	Est heats	4
			ROOM				
	REGISTRATION CLOSED @ 2:25 PM	IN	ОИТ	HEATS Start Time		EVENT INFORMATION	
ТОО	ATHLETES IN HEATS 1 TO 4 INTO CALL ROOM @ 15:35, 20 minutes before first event start then out 1 heat at a time	15:35	15:50	1	15:55	Event Distance	60m
<b>T23</b>		15:35	15:53	2	15:58	Age Group	U15B
		15:35	15:56	3	16:01	Entry Number	28
		15:35	15:59	4	16:04	Est heats	4
		CALL ROOM					
	REGISTRATION CLOSED @ 2:37 PM	IN	ОИТ	HEATS	Start Time	EVENT INFORMATION	
	ATHLETES IN HEATS 1 TO 3 INTO CALL ROOM @	15:47	16:02	1	16:07	<b>Event Distance</b>	60m
T24	15:47, 20 minutes before first event start then out 1	15:47	16:05	2	16:10	Age Group	U17W
T24	heat at a time	15:47	16:08	3	16:13	Entry Number	47
	ATHLETES IN HEATS 4 TO 6 INTO CALL ROOM @	15:56	16:11	4	16:16	Est heats	6
	15:56, 20 minutes before first event start then out 1	15:56	16:14	5	16:19		
	heat at a time	15:56	16:17	6	16:22		
	REGISTRATION CLOSED @ 2:55 PM	CALL ROOM		HEATS	Start Time	EVENT INFORMATION	
T25		IN	ОИТ		Start Time	LVLIAL HAPC	
	ATHLETES IN HEATS 1 TO 3 INTO CALL ROOM @	16:05	16:20	1	16:25	<b>Event Distance</b>	60m
	16:05, 20 minutes before first event start then out 1	16:05	16:23	2	16:28	Age Group	U15G
	heat at a time	16:05	16:26	3	16:31	Entry Number	58
	ATHLETES IN HEATS 4 TO 6 INTO CALL ROOM @	16:14	16:29	4	16:34	Est heats	10
	16:14, 20 minutes before first event start then out 1	16:14	16:32	5	16:37		
	heat at a time	16:14	16:35	6	16:40		
	ATHLETES IN HEATS 7 TO 10 INTO CALL ROOM @	16:23	16:38	7	16:43		
	16:23, 20 minutes before first event start then out 1	16:23	16:41	8	16:46		
	heat at a time	16:23	16:44	9	16:49		
		16:23	16:47	10	16:52		